

# Doreen Virtue Healing With The Angels Oracle Cards

## Discover the Angelic Guidance of Doreen Virtue's Healing With The Angels Oracle Cards

If you have ever felt a gentle nudge from the universe, a whisper of encouragement during a difficult day, or an unexplainable sense of peace when you needed it most, you may have already experienced the presence of angels. For decades, spiritual seekers have turned to oracle cards as a tool to connect with higher guidance, and among the most beloved decks is **Doreen Virtue Healing With The Angels Oracle Cards**. This set of 44 beautifully illustrated cards, created by the renowned author and former spiritual teacher Doreen Virtue, offers a direct line to angelic wisdom. Whether you are a seasoned card reader or a curious beginner, these cards provide comfort, clarity, and a tangible way to receive messages of love and healing from the celestial realm.

In this article, we will explore the origins of this oracle deck, how to use it effectively, the unique benefits it brings to your spiritual practice, and why it remains a staple for those seeking angelic communication. By the end, you will have a comprehensive understanding of how the **Doreen Virtue Healing With The Angels Oracle Cards** can transform your daily life and deepen your connection to the divine.

### The Background of Doreen Virtue and Her Oracle Legacy

Doreen Virtue was a prolific author and spiritual teacher who wrote more than 70 books on angels, chakras, psychic development, and spiritual healing. For many years, she was one of the most prominent figures in the angel therapy movement. Her **Healing With The Angels Oracle Cards** were first published in 1999 and quickly became a global phenomenon. The deck features original artwork by Michaela A. Ginakes, which depicts angels in serene, uplifting scenes. Each card carries a specific angelic message, such as "Release the Past," "Healing," "Trust Your Inner Voice," or "Divine Love."

While Doreen Virtue later transitioned away from the New Age movement toward Christianity, her earlier works, including this oracle deck, continue to be used by millions. The cards are not tied to any one religion; they emphasize universal spiritual principles of love, forgiveness, and hope. This makes them accessible to people from all walks of life who seek gentle guidance without dogma.

## How to Use the Healing With The Angels Oracle Cards

Using an oracle deck is different from reading tarot cards. You do not need to memorize complex symbol systems or learn reversed meanings. Oracle cards are designed to deliver intuitive, direct messages. The **Doreen Virtue Healing With The Angels Oracle Cards** are especially beginner-friendly because the messages are written right on the cards, often with an uplifting phrase and an explanatory paragraph in the accompanying guidebook.

Here is a simple step-by-step approach to get you started:

### Step 1: Create a Sacred Space

Find a quiet place where you will not be disturbed. You may light a candle, burn incense, or hold a crystal to help focus your intention. The goal is to quiet your mind and open your heart to receive angelic communication.

### Step 2: Center Yourself with a Prayer or Intention

Before shuffling, take a few deep breaths. You can say something like: "I invite the angels to guide me through these cards. I am open to receiving the highest and most loving message for my highest good." This sets a clear intention and invites the energy of love into the reading.

### Step 3: Shuffle and Ask a Question

Hold the deck in your hands and focus on a question or an area of your life where you need guidance. You can ask about relationships, career, health, or simply say, "What do I need to know right now?" Shuffle the cards slowly until you feel a pull to stop.

### Step 4: Select Your Cards

You may choose one card for a quick daily message, or three cards to explore past, present, and future. Some readers enjoy a five-card spread for more depth. Interpret the cards using your intuition and the guidebook's explanations. The key is to trust the first thoughts, feelings, or images that come to you when you see the card.

### Step 5: Journal Your Insights

Keeping a journal of your readings helps you track patterns and recognize how the messages apply to your life. Over time, you will notice that the angels often repeat certain themes, such as self-love, forgiveness, or healing, until you integrate the lesson.

## The Unique Energy of This Deck: What Sets It Apart

There are many oracle decks on the market, but the **Doreen Virtue Healing With The Angels Oracle Cards** have a distinctive energy that many users describe as "pure light." The artwork is soft and pastel-heavy, filled with angelic figures, hearts, flowers, and light. The messages are consistently positive and uplifting. Even when the cards address challenges, such as letting go of fear or healing a broken heart, the wording is gentle and encouraging.

Another distinguishing factor is the directness of the messages. Unlike some oracle decks that require deep symbol interpretation, this deck practically speaks to you. For example, if you draw the card “Faith,” the guidebook will say: “Believe in the unseen. The angels are asking you to have faith that everything is working out for your highest good.” There is no confusion about what the angels want you to hear.

The deck also includes cards for specific archangels, such as Archangel Michael, Archangel Raphael, and Archangel Gabriel. Drawing one of these cards indicates a particular angel is near you, offering protection, healing, or creativity.

## Benefits of Incorporating Angel Oracle Cards into Your Routine

Regular use of the **Doreen Virtue Healing With The Angels Oracle Cards** can bring multiple benefits to your life:

- **Reduced Anxiety:** The cards remind you that you are never alone. Even a quick daily draw can shift your focus from worry to trust.
- **Enhanced Intuition:** As you practice, you will learn to recognize your inner voice and distinguish it from fear-based thoughts.
- **Emotional Healing:** Many cards directly address grief, guilt, or resentment, and offer a healing balm for old wounds.
- **Decision-Making Support:** When you face a crossroads, drawing cards can provide clarity and confirm what your heart already knows.
- **Deeper Spiritual Connection:** The cards serve as a bridge between the physical and spiritual worlds, helping you feel the presence of angels in your daily life.

## Sample Spreads for Deeper Readings

To get the most out of your oracle deck, try these three easy spreads that are perfect for the **Doreen Virtue Healing With The Angels Oracle Cards**:

### The Three-Card Daily Alignment

1. Card 1: What energy do I need to carry into today?
2. Card 2: What challenge might I face, and how can I overcome it with angelic help?
3. Card 3: What blessing should I be grateful for right now?

### The Four-Card Healing Spread

1. Card 1: What past wound needs my attention?
2. Card 2: What is the angelic message to heal this wound?
3. Card 3: What action can I take to support my healing?
4. Card 4: How will I feel once I release this pain?

### The Five-Card Life Purpose Spread

1. Card 1: My soul’s unique gifts.
2. Card 2: Current obstacles to my purpose.
3. Card 3: The guidance my angels offer now.
4. Card 4: A step I can take today.
5. Card 5: The ultimate outcome if I follow this path.

## Tips for Deepening Your Connection with the Cards

While the **Doreen Virtue Healing With The Angels Oracle Cards** are simple to use, you can enhance your practice with these suggestions:

- **Cleanse your deck:** Hold the cards under the light of a full moon, fan them in incense smoke, or tap them several times to clear old energy.
- **Work with the moon phases:** Draw cards on a new moon for intentions and on a full moon for release.
- **Combine with affirmations:** When you draw a card, repeat the message as an affirmation throughout the day. For example, if you draw “Peace,” say “I am surrounded by angelic peace” every morning.
- **Read for others:** Once you feel confident, offer readings to friends. Teaching or sharing the cards deepens your own understanding.
- **Trust your intuition over the book:** The guidebook is a starting point, but let your feelings guide you. If a card gives you a different message than the book, honor that.

## Common Questions About This Oracle Deck

### Is this deck only for people who believe in angels?

Not at all. Many users treat the cards as a tool for accessing their own inner wisdom. The term “angels” can be seen as a metaphor for loving guidance. People of various spiritual backgrounds—including agnostics—find value in the messages.

### Can I use these cards with other oracle or tarot decks?

Absolutely. Many readers mix the **Doreen Virtue Healing With The Angels Oracle Cards** with tarot or other oracle decks to gain

different layers of insight. The angel deck adds a soft, reassuring voice to any spread.

### What if I don't like the card I drew?

No card is “bad.” Even cards that bring up uncomfortable feelings, such as “Release the Past,” are intended to liberate you. Sit with the emotion and ask the angels to help you understand what needs to be released.

### Conclusion: A Gentle Companion on Your Spiritual Journey

---

The **Doreen Virtue Healing With The Angels Oracle Cards** remain one of the most accessible and heart-centered tools for spiritual growth. They offer a soft landing for a worried mind and a gentle push for a hesitant heart. Whether you use them as a daily ritual, a journaling prompt, or a way to connect with the angelic realm, these cards consistently deliver messages of hope, healing, and unconditional love. Their timeless wisdom reminds us that we are always supported, that our struggles are seen, and that we have the power to heal with the help of divine grace. If you have not yet welcomed this deck into your life, consider giving it a try. The angels are waiting to speak to you—all you have to do is listen.